

HAVE YOU HAD YOUR VEGGIES TODAY?

Catie's ORGANIC GREENS™



**What can
CATIE'S
ORGANIC
GREENS™
Do for
YOU?**

Clean, Strengthen, Nourish,
Nurture, Promote Healing

Alkalinize Blood

Neutralize Acid

Increases Energy & Vitality

Increase Good Bacteria
to Protect from Infection

Reduce Free Radical Damage

Promote Good Circulation

Increase Bowel Regularity

Promote Weight Loss

Increase Immune System's Ability
to Fight Disease and Pathogens

Antiviral, Antibacterial, Antifungal,
Anticancer Properties

Help increase and improve
oxygen transportation
throughout the body

AS SEEN IN HARPER'S BAZAAR
WITH TOP WOMEN'S VOLLEYBALL

WHY CATIE'S ORGANIC GREENS™?

**One Tablespoon is equal to 7 servings
of the most potent green vegetables!**

Most disease or health challenges have as their
hallmark a component called "Acid-Hypoxia," which
is high acidity with low oxygenation in the body.

This creates an environment in which pathogens,
viruses, bacteria, and cancers can grow - thus further
escalating the disease process. Catie's Organic
Greens™ was designed to quickly reverse this state
of acidosis and promote an environment rich in
oxygen and health promoting nutrients, the building
blocks of the body.

To have a live body we must have live foods! This
super concentrated whole food is abundant in
vitamins, minerals, healing phytonutrients, fiber,
antioxidants, good probiotic bacteria, digestive
enzymes, and essential fatty acids and is equal to
approximately 7 servings of potent green vegetables.



Catie's Organics, Simply Young & EE
28710 Canwood Street, Suite 102
Agoura, CA 91301
www.catiesorganics.com for Plant Power!

**MORE INFO
on the Back**

THE BEST TASTING "GREENS" IN AMERICA

According to an Independent Poll

Catie's ORGANIC GREENS™

KONA COAST HAWAIIAN SPIRULINA Rich in beta-carotene, highest vegetarian source of B12, GLA & essential fatty acids, high in Rhamnose Glycoside for increased energy, wonderful source of absorbable iron, richest of all Blue-Green Algae.

ASTRAGALUS Enhances T-cell formation, an adaptogen to relieve stress-induced immune system suppression, most potent immune enhancing herb known.

BARLEY GRASS High in chlorophyll which is considered the blood of plants (it happens to be identical to human blood with the exception that magnesium is in the center of chlorophyll and iron is in the center of human blood); helpful with anemia, high in Oxide Dismutase (SOD), stamina builder, more protein than eggs, adds alkalinity to the body, high in vitamin C, beta-carotene, magnesium, calcium, potassium.

GREEN TEA EXTRACT Major anti-cancer agent, helps repair DNA damage, balances blood sugar levels, colon Ph balancer, helps control & reduce plaque causing bacteria in the intestines.

NOVA SCOTIA DULSE Red-purple sea vegetables with micro-nutrients high in iron, iodine, boron; great for the thyroid.

COLON CLEANSERS 1) Oat Bran Glucan; 2) Apple Pectin (17.2% soluble fiber) helps cleanse and maintain intestinal balance; 3) Brown Rice "Bran" and "Germ" combine with chlorophyll and apple pectin to cleanse and detoxify and deodorize the intestines (your sewer system).

3 BILLION PROBIOTIC BACTERIA

Dairy-free cultures which implant in the tissue and intestines to grow good bacteria; overpower the bad bacteria, help digest B vitamins and food; needed for healthy intestinal hygiene, antiviral/antibacterial; studies show reduced cholesterol levels when used.

DIGESTIVE ENZYMES Necessary for the breakdown of foods such as proteins, fats, carbohydrates; critical for metabolic process in the body as well as to promote cellular health.

MAITAKE, SHITAKE, CORDYCEP MUSHROOMS Antiviral, antifungal, antibacterial, used for cancer treatment supplementation in Japan; immune enhancer, high antioxidants.

GRAPE SEED EXTRACT Powerful antioxidant which carries vitamin C to vital tissues which can produce strong connective tissue & elasticity and flexibility of joint mobility.

Tropical Delight!

1 T. (1 scoop) Catie's Organic Greens™
12 oz. Organic Almond Milk
4 oz. Spring Water
1/2 Cup Ice
1/2 Cup Mango or Papaya (add to desired taste)



Kids Delight!

1 T. (1 scoop) Catie's Organic Greens
10 oz. enriched Almond Milk
4 oz. Spring Water
1/2 Cup Ice
1 Organic Banana



COENZYME Q10 Protects the heart & cardiovascular system via increased generation of cellular energy, increases circulation, immune builder, it's the energy for the mitochondria (energy center of the cell) used extensively in Japan for heart failure, chronic fatigue & diabetes, anti-aging effects, can reduce free radicals & blood pressure.

ALPHA LIPOIC Energy producer & powerful antioxidant found & needed throughout the body.

GINKGO BILOBA Circulation antioxidant which improves delivery of oxygen through even the tiniest blood vessels improving heart, brain & other body parts circulation; this "smart herb" is also known to relieve pain, lower blood pressure, inhibit blood clotting, promoting anti-aging properties.

BROKEN CELL WALL CHLORELLA A green fresh water micro-algae, helps remove heavy metals; high in DNA/RNA, IRON and ZINC.

MILK THISTLE EXTRACT Powerful antioxidant to protect, strengthen, detoxify, and stimulate new cells in the liver.

EUROPEAN BILBERRY (FRUIT) Powerful antioxidant high in proanthocyanidins which can improve capillary walls, strength, flexibility, as well as in eyes; known to assist in night vision & peripheral circulation.

ACEROLA BERRY (FRUIT) Most potent source of natural vitamin C (15%), helps quercetin absorption; colon Ph balancer.

SUMA POWDER ROOT An adaptogen which balances & normalizes vascular, pulmonary, neurological functions in the body.

PANAX GINSENG An adaptogen which balances the bodies energy by assisting with promoting anti-stress & anti-fatigue; helps with anti-stress factors.

PARSLEY POWDER Reduces excess fluids in the body; protects & supports the kidneys, pH balancer.

BEEF JUICE (ROOT) Protects and detoxifies the liver.

PROLINE Improves texture of the skin by assisting in protection from loss of collagen as well as production of collagen (anti-cancer & anti-aging disease); critical in working with vitamin C to enhance growth of connective tissue, helps heal cartilage, strengthen joints, heart muscle & tendons.

Energy Es
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